



The Dance Element
7211 Ogden Business Lane
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910.685.3787
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www.thedanceelement.com

The Dance Element Winter Schedule: January 9th – March 30th 2012

Monday

12:00-1:00 Adult Core Conditioning

4:00-5:00 Tap II

5:00-6:00 Advanced Tap

6:00-7:00 Advanced Jazz

5:00-6:00 Jazz I & II

6:30-7:30 Teen/Adult Zumba

Tuesday

3:30-4:30 Ballet I & II (Ages 4-6)

4:30-5:00 Tap I (Ages 4-6)

5:30-7:00 Advanced Ballet

5:30-6:30 Mr. Mark's Musical Puppetry
Theatre Playhouse (Ages 5-12)

7:00-7:45 Select Company Repertory

6:30-7:30 Teen/Adult Zumba

Wednesday

11:00-12:00 Adult/Senior Tap

12:00-1:00 Adult Core Conditioning

3:30-4:30 Modern/Lyrical I

4:30-5:15 Partnering*

5:15-6:30 Advanced Modern

6:30-7:30 Adult Rhythm Tap

3:30-4:30 Exploring Dance for Boys

Thursday

12:00-1:00 Adult Ballet

1:00-2:00 Zumba

3:30-4:30 Acrobatics I (Ages 4 - 6)

4:30-5:30 Ballet III (Ages 7 - 10)

5:30-7:00 Advanced Ballet

7:00-7:45 Pointe*

4:30-5:30 Acrobatics III

5:30-7:00 Acrobatics Intense*

Saturday

9:00-10:00 Group Fitness Challenge

10:00-11:00 Group Fitness Challenge

* Class only available with permission of Instructor

Please contact 910-685-3787 or fun@thedanceelement.com to register.